



June 1st, 2025

RE: RNFOO Nursing Innovation Grants Committee

Dear Members of the RNFOO Nursing Innovation Grants Committee,

In support of NPSTAT, I am writing to express our enthusiastic support for the development and implementation of a Virtual Education Toolkit focused on enhancing palliative care knowledge and skills among staff, residents, and families in Long-Term Care (LTC) settings.

Our LTC home has agreed to partner with NPSTAT in this initiative, which aims to address a significant gap in accessible, practical, and relevant palliative care education tailored specifically to the LTC environment. By developing palliative provider education in both video and written formats, we will reach more staff and address different learning styles, covering multiple key topics.

Cara Henry brings exceptional leadership and expertise in the field of palliative care. With extensive clinical experience in both acute and long-term care settings, Cara has consistently demonstrated a compassionate, evidence-based approach to end-of-life care. She has led numerous educational initiatives within LTC, focusing on empowering frontline staff with the confidence and tools needed to provide high-quality, person-centered palliative care. Known for a collaborative, inclusive leadership style, Cara excels at bringing together multidisciplinary teams and community partners to build sustainable care models that reflect the values and needs of residents and their families.



Our long-term vision is for this toolkit to serve not only the Mississauga Halton LTC staff, but to become a scalable platform that can be adopted by other Nurse-Led Outreach Teams (NLOTs) across the province. By raising the baseline level of education and confidence among nursing staff, this initiative has the potential to significantly improve palliative and end-of-life care in LTC homes.

I sincerely appreciate your consideration and support of this meaningful project.

Warm regards,

A handwritten signature in black ink, appearing to read "Nicole Fisher", written over a light blue horizontal line.

Nicole Fisher

Executive Director

Cooksville Care Centre